

Kansas Self-Management Education Leader Statement of Commitment

A Stanford University Self-Management Program



The Kansas Self-Management Education (KSME) program has established requirements for KSME Group Leaders to maintain adherence to policies established by Stanford University for Self-Management Education programs licensed to the Kansas Department of Health and Environment (KDHE) and the Kansas Foundation for Medical Care (KFMC). Please sign at the conclusion of this document to indicate your acknowledgement and acceptance of these requirements:

- I will attend, actively participate in, and complete the four day Group Leader Training conducted by trainers certified by Stanford University.
- I understand I must facilitate one workshop for each program I am trained within one year of successfully completing a Group Leader Training. (The ideal is for the workshop(s) to be facilitated within six months of training.) If I do not complete one workshop for each program in which I am trained within one year of my training, I understand I cannot facilitate a workshop without being retrained by certified trainers.
- As a condition of maintaining my Group Leader certification, I will facilitate a minimum of one workshop each year for each program I am trained as a Group Leader. I will also attend Group Leader Recertification workshops as deemed necessary by KSME and/or Stanford University.
- I understand that successfully completing Group Leader training(s) and maintaining Group Leader certification(s) does not authorize me to train others in how to lead workshops.
- I will comply with all aspects of the Program Manual, as authored by KSME.
- I acknowledge program materials are copyrighted and will honor the copyright. I agree to follow the standardized program curriculum and will not make any variations in the approved program content or processes described in the Group Leader Manuals without prior written permission from Stanford University and KSME.
- I understand certification as a Group Leader and my affiliation with KSME allows me to deliver the programs in which I've been trained under the licensed maintained by the organizations sponsoring KSME as long as I uphold the policies outlined in this Statement of Intent and the Program Manual.



Please Turn Over

- I understand as a trained Group Leader I must complete and submit necessary paperwork in the timeframes established by KSME and stated within the Program Manual, which includes: participants' registration forms, data collection forms, and workshop attendance logs.
- I will conduct and support marketing efforts for KSME workshops in my community.
- I will notify KSME staff a minimum of two weeks in advance of each workshop.

KSME agrees to provide the following in support of the Self-Management Programs, Group Leaders, and Area Program Coordinators:

- To allow coordinating organizations and Group Leaders to conduct workshops under licenses granted by Stanford University to KDHE and/or KFMC.
- To conduct Group Leader training and recertification programs according to the guidelines set forth by Stanford University.
- To provide marketing material and technical assistance to coordinating organizations and/or Group Leaders.

I have read and I understand the preceding statements. I further understand that compliance with this Statement of Commitment is required for my training and continued participation as a KSME Group Leader in (check all that apply):

- ☐ Chronic Disease Self-Management
- ☐ Diabetes Self-Management
- ☐ Tomando Control de su Salud **Offered under KDHE license only*
- ☐ Programa de Manejo Personal de la Diabetes **Offered under KDHE license only*

Print Name:
(Group Leader)

Signature:

Date:
